

#### **GOVERNMENT OF GUAM**

# DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT



LINDA UNPINGCO DENORCEY, MPH DIRECTOR

LAURENT SF DUENAS, MPH, BSN, RN
DEPUTY DIRECTOR

JOSHUA F. TENORIO

Speaker Tina Muña Barnes 35<sup>th</sup> Guam Legislature Guam Congress Building 163 Chalan Santo Papa Hagatña, Guam 96910 AUG 2 7 2019

Speaker Tina Rose Muña Barnes

Time 1147 PAM ()PM

Buenas Speaker Barnes:

In accordance with Public Law 17-35, Section 1, §1032. Senior Citizens Month (c), the following report is submitted in compliance with law. In addition to the expenditures report, enclosed is the Calendar of Events for Senior Citizens Month 2019 along with event specific reports that provide additional information to the attached expenditures report.

Sensaramente,

LINDA UNPINGCO DENORCEY, MPH

**Enclosed** 

#### **Senior Citizens Month Expenditures 2019**

#### P196A02545 - Centenarian Celebration Venue

\$ 5,600.00

Room rental for ADA compliant hotel venue and equipment rental for Senior Citizens Month Centenarian recognition for 200 people. Venue shall include a main ballroom, directional signage, two registration tables, 12 rectangular tables for gifts, banquet rounds set up, table linen and chair covers, one podium with microphone, one table for LCD, one projector screen, one PA system with CD player and AV technician, 8X12 risen backdrop, emergency medical technician area, secured storage area for equipment and materials the day before the event, stage with USA and Guam flags, fully operational AC, proper lighting, early set up the day prior to event, and vendor must be able to reserve a minimum of 15 parking stalls for Centenarian and families, secure all proper permits prior to event. Event was held on May 09, 2019 with seven of Guam's Centenarians being honored on this day. Centenarian report attached for review.

#### P196A02522 - Governor's Conference on Aging Venue

\$ 14,400.00

Room rental for ADA compliant hotel venue for the Annual Guam Conference on Aging for 500 people. Venue shall include a main conference room and four functions rooms all on the same level, an area for emergency medical technicians, secured storage for equipment and materials available no later than 2pm the day before the conference, two podiums with microphones, three wireless microphones, three projector screens, wireless internet access, three tables to each hold a laptop and LCD projector, two tables with two chairs for participant registration with stanchions, 15-20 tables with two chairs each for display, directional signs, drop off area in close proximity to the conference room preferably 500 ft or less, stage with USA and Guam flags, telephone in one function room for staff, vendor must allow early set up on the day of the conference starting at 7am, vendor shall secure all necessary permits prior to the day of the event, round tables for ballroom set up with 10-12 chairs each. Event time from 7am-5pm, vendor must provide conference pads and pens for conference participants. Hotel venue shall meet the fire codes to include parking area and restroom facilities for both male and female. Event was held on May 16, 2019 at the Dusit Thani Hotel with a series of presentations geared towards celebrating this year's conference theme, "Connect, Create, Contribute". Conference report attached for review.

#### P196A02480 - Governor's Conference on Aging Program Booklet \$ 1,260.00

450 11"X17" to 8.5"X11" 4PG cover 100# gloss cover 8PG text 80# gloss text ink process 4/4 full color, front and back; binding saddle stitch, includes design and layout, must be approved by DSC/DPHSS prior to production. Conference report attached for review, inclusive of this expense.

DPHSS - DSC Funds Expended on Senior Citizens Month 2019 \$ 21,260.00



# 2019 SENIOR CITIZENS MONTH CALENDAR OF EVENTS







# SCHEDULE OF EVENTS-

| LOCATION/TIME              | Governor's Cabinet (Large) Conference Room<br>Ricardo J. Bordallo Complex, Adelup<br>1:00 pm – 1:30 pm                                    | Pacific Star Resort & Spa, Tumon<br>10:00 am 1:30 pm                                             | Inarajan Senior Citizens Center<br>10:00 am – 2:00 pm                                                                                      | Dusit Thani Guam Resort, Tumon<br>Check–In: 8:00 am – 9:30 am<br>Pre-Conference: 9:30 am – 10:00 am<br>Conference: 10:15 am – 2:30 pm                                  | Hyatt Regency Hotel, Tumon<br>10:00 am – 2:00 pm                                                                               | University of Guam<br>Calvo Fieldhouse<br>9:00 am – 3:00 pm                                             |
|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| COORDINATING ORGANIZATIONS | Division of Senior Citizens/Department of Public Health<br>and Social Services, 2019 Senior Citizens' Month Central<br>Planning Committee | Division of Senior Citizens/Department of Public Health and Social Services (For invited guests) | Mayors' Council of Guam, Division of Senior<br>Citizens/Department of Public Health and Social Services,<br>Health Services of the Pacific | Division of Senior Citizens/Department of Public Health and Social Services (For registered senior center participants and limited seating for the community at large) | 35th Guam Legislature and the Honorable Lourdes A. Leon Guerrero, Governor of Guam (For registered senior center participants) | Mayors' Council of Guam, Division of Senior<br>Citizens/Department of Public Health and Social Services |
| ACTIVITY                   | Proclamation Signing                                                                                                                      | CENTENARIAN CELEBRATION                                                                          | FRAIL ELDERLY MASS                                                                                                                         | 45 <sup>th</sup> Governor's Guam<br>Conference on Aging                                                                                                                | LEGISLATIVE AND GOVERNOR'S SENIOR CITIZENS RECEPTION                                                                           | HUEGON MANAMKO<br>(SENIOR GOODWILL GAMES)                                                               |
| DATE                       | May 1<br>Wednesday                                                                                                                        | May 9<br>Thursday                                                                                | May 10<br>Friday                                                                                                                           | May 16<br>Thursday                                                                                                                                                     | May 21<br>Tuesday                                                                                                              | May 22<br>Wednesday                                                                                     |



For information, call the DPHSS Division of Senior Citizens at 735-7415/7421.

Bila Manamka!





Connect, Create, Contribute
NA'DANÑA', FA'TINAS, FAN NA'E May 2019

# **2019 SENIOR CITIZENS MONTH**

**CENTENARIAN CELEBRATION** 

# **2019 CENTENARIAN CELEBRATION**

For over 30 years, Senior Citizens Month (SCM) has been celebrated and observed here on Guam during the month of May to honor and pay tribute to our island's Senior Citizens, our *Mañaina-ta*. This year's national theme, "Connect, Create, Contribute" translated in Chamorro "Na'Danna, Fa tinas, Fan'nae" emphasizes you are never too old, or too young, to partake in activities that Connect your with friends, family and services that support participation, to Create for engaging in activities that promote learning, health, and personal enrichment and Contribute time, talent and life experiences to benefit others. Participating in such activities offers wisdom and experience to the next generation which sums up our Manamko who we honor every year in the month of May.

Throughout the month of May, the Division of Senior Citizens (DSC) in collaboration with government, non-profit and private sponsors coordinate events to showcase *I Mañaina-ta*. One of the events hosted honors our island's eldest *Mañaina-ta*'s during the annual Centenarian Celebration. This year's Centenarian Celebration was held at the Pacific Star Resort and Spa Hotel in Tumon on Thursday, May 9, 2019.

The celebration recognized our island's Centenarians who are or will be turning 100 years of age or older in 2019. This event was an opportunity to celebrate the life of our community's eldest senior citizens. Many who have witnessed the worst of Guam's history (WWII and the Japanese occupation on Guam; Super Typhoon Karen in 1962 with winds between 155-190 mph, Pamela in 1976 with winds of 140-160 mph, and Paka in 1997 with winds between 145-175 mph) as well as the best (U.S. Citizenship, tourism as a second industry besides the military, Pope John Paul's visit to Guam in 1981, sitting Presidents who visited Guam: Lyndon Johnson in 1967, Richard Nixon and First Lady in 1969, and Bill Clinton in 1998). And, on November 7, 2018 Maga'Haga Lourdes A. Leon Guerrero was elected the first female governor of the U.S. island Territory Guam, a historical landmark for Guam.

#### **Event Highlights**

This year's Centenarian Celebration was led by DSC personnel Breanna Sablan and Erica Taijeron, both Program Coordinators in collaboration with numerous sponsors who have remained committed to this annual event. DSC also welcomed partnership with new sponsors

who have pledged their commitment for next year's event as well.

DSC's Charlene San Nicolas and Vinessa Unpingco served as Mistresses of Ceremony.

The event started with the blessing for our *Mañaina-ta's* by Deacon Romeo Hernandez of the Santa Barbara Catholic Church in Dededo which was immediately followed by the





#### Page 2 of 6

Welcoming Remarks from Senior Citizens Administrator Arthur U. San Agustin, MHR. The event was well attended by four Centenarians and their families and friends; family members of the three Centenarians who were not able to attend; Maga'Haga Honorable Lourdes A. Leon Guerrero, Sigundo Maga'Lahi Honorable Lt. Governor of Guam Joshua F. Tenorio; Ms. Vanessa Caraisa (representing Congressman Michael San Nicolas); Senators Amanda Shelton, Louise Borja, Therese Terlaje, Jose Terlaje and Joe San Agustin of the 35th Guam Legislature; Mayor Vicente Taitague of Talofofo; Mayor Rudy Matanane of Yigo; Mayor Melissa Savares and Vice-Mayor Frank Benavente of Dededo; event sponsors; members of the Aging Network (Health Services of the Pacific, Kloppenburg Enterprises, Inc., Basil Food Industrial Services Corporation, and members of the 2019 SCM Central Planning Committee (CPC); and DSC staff and volunteers.

This year, the CPC welcomed back SCM official photographer Mr. Edward San Nicolas who generously offered his service to take individual photos of each Centenarian.

The 2019 Centenarians recognized were:

- 1) Josefina Yamanaka Blas (top center)
- 2) Hae Im Yu Shim (top right)
- 3) Paz Mendiola Sablan (middle left)
- 4) Julian Bryson Wilgus (middle center)
- 5) Cesaria Cruz Arce (middle right)
- 6) Shirley Marie Bridler (bottom left)
- 7) Yuk Lan Moylan (bottom right)



## Planning, Collaboration Efforts and Event Expenditures

On January 17, 2019, the Department of Public Health and Social Services issued Press Release 2019-028 for the 2019 Call for Centenarians with the deadline to submit nominations on Friday, February 22, 2019 by 3:00 p.m.

As the planning began, the Division of Senior Citizens (DSC) prepared a requisition on January 16, 2019 to secure a venue for the event and a purchase order was issued on May 03, 2019. With the venue secured, the committee was able to begin final logistical planning.

Coordination began with the aging service providers to review client files to determine if any of their clients will be turning 100 this year. As a result, there were over eight potential honorees, however, some respectfully declined recognition, and thus the planning began to honor the seven (7) Centenarians who were agreed to be recognized.



#### Page 3 of 6

As part of the planning, the CPC sent solicitation letters through our partnership with Health Services of the Pacific to seek sponsors for the event as well as individual Centenarian sponsors. Many of our partners in years past have committed to this annual event which include Cost-U-Less for the Centenarian Iconic Gifts; Crown Bakery for Centenarian Celebratory Cake; Asahi Association of Guam for Centenarian Individual Birthday Cake, Mr. Edward San Nicolas -Professional Photography (pro-bono); Jetadore Studios-Photography coverage day of the event: TriVision Media for the Centenarian live billboard "Birthday Greeting"; Guam Facilities Foundation (cash donation of \$500.00); and last year's sponsors Ada's Trust and Investment (cash donation of \$500.00), Coast 360 Federal Credit Union and Mrs. Julia Villagomez (cash donation of \$200.00) generously contributed to this year's celebration as well.

Once the number of Centenarians was confirmed, the CPC reached out to potential sponsors for each Centenarian. The Centenarian sponsors include:

- 1. Former Senator Dennis G. Jr. & Mrs. Lena Rodriguez sponsor for Mrs. Josefina Yamanaka
- 2. Korean Association of Guam sponsor for Mrs. Hae Im Yu Shim
- 3. Health Services of the Pacific sponsor for Mrs. Paz Mendiola Sablan
- 4. Guahan Isan Famagu'on Lions Club sponsor for Mrs. Cesaria Cruz Arce
- 5. Guam Latte Stone Lions Club sponsor for Mr. Julian Bryson Wilgus
- 6. Mrs. Dina Lipanovich sponsor for Mrs. Shirley Marie Bridler
- 7. Galaide Professional Services Inc. sponsor for Mrs. Yuk Lan Moylan

Other than Centenarian individual sponsors, the CPC also engaged partnership with new private, public and individual sponsors to include Ms. Erica Taijeron and Ray Lujan who donated the floral and ti leaf leis; Personal Finance (\$250.00 check donation); GPSI and Al Yanger (\$300.00 cash donation); Bank of Guam (\$2,500.00 check donation-portion used for Centenarian event) and Mr. Daryl Diras who provided the entertainment for the day.

This year, Kreations by Kimberly Vasapolli along with the Division of Senior Citizens staff helped to highlight our Mañaina-ta's with a local island theme.

The décor set the tone for such a memorable event. All in attendance were amazed of the beautiful ambiance as you walked into the event.

This year the Centenarian bio-datas were read by the Division of Senior Citizens staff Vinessa Unpingco, Nilda Orencia, Breanna Sablan, Erica Taijeron, Tammy Bamba, Alicia Guiking and Daryl Diras. Readings were followed by the Maga'Haga' Governor's remarks and presentations of Governor's Certificate; Legislative Resolution; Congressional Recognition; DSC's Iconic Gift (sponsored by Cost-U-Less); and floral lei and ti leafs for Centenarian honorees (sponsored by Ms. Erica Taijeron and Mr. Ray Lujan)

#### Page 4 of 6

As in every birthday celebration, there is a birthday cake, birthday song and birthday gifts. This celebration was no different.

In addition to the sponsored gifts, the celebratory cake compliments of Crown Bakery and seven (7) individual cakes from the Asahi Association of Guam were paraded into the ballroom by representatives of Crown Bakery, the Asahi Association of Guam, Palau Community Association of Guam, and DSC volunteers while Mrs. Alicia Guiking sang along with those in attendance the "Happy Birthday" song.



At the close of this event, many partners commented on the positive aspect of such an event and gave their commitment to continue to partner with the DPHSS/DSC for future Centenarian Celebrations. Among them were Cost-U-Less for the Iconic Gifts; Crown Bakery for the Celebratory Cake; Asahi Association of Guam for the Individual Birthday Cakes; Lion's Club International District 204; Sunshine Lions Club; Latte Stone Lions Club; Guam Facilities Foundation, Inc. and Mr. Chris Morato of Tri-Vision Media Group.

On display were large framed poster boards with each depicting the lives of the Centenarians. These frames were sponsored by Kloppenburg Enterprises, Inc. The bio-data photo frames are gifts for the family to take home.



#### **Appreciation**

This year's Centenarian Celebration event would not have been possible without the outpouring generosity, contribution and support from the following individuals and organizations:

• Ada's Trust and Investment • Asahi Association of Guam • Mr. & Mrs. Tony and Annette Ada • Ambros Inc. • Bank Pacific • Bank of Guam • Coast 360 • Copy Express Guam • Cost U Less • Crown Bakery • Mrs. Dina Lipanovich • Guam Latte Stone Lions Club • Guahan Isan Famagu'on Lions Club • Galaide Professional Services Inc. • Guam Facilities Foundation •



Health Services of the Pacific • Kloppenburg Enterprises, Inc. • Korean Association of Guam • Kreations by Kimberly Vasapolli • Loco Promos • Palau Community Association of Guam • Personal Finance Center • Senator and Mrs. Dennis G. Rodriguez Jr. • Mr. Edward San Nicolas (Photographer) • Mrs. Julia Villagomez • Mr. & Mrs. Norbert & Vinessa Unpingco • Mr. Ray Lujan • Mr. Daryl Diras (Music) • TriVision Media



## CROWN DAKERY FOR SERVICE VILESS



































#### **Community Contributions:**

|       | Funds Disbu   | rsed from HSP                                         |
|-------|---------------|-------------------------------------------------------|
| 1     | \$300.00      | For Centenarian wish list                             |
| 2     | \$440.00      | Donation from Dina Lipanovich                         |
| 3     | \$160.00      | Flowers                                               |
| 4     | \$390.00      | Program Booklet                                       |
| 5     | \$200.00      | Donation from GPSI                                    |
| 6     | \$100.00      | Donation From Al Yanger                               |
| 7     | \$490.00      | Centenarian Program Booklet                           |
| Total | \$2,080.00    |                                                       |
|       | Centenarian I | Expenses                                              |
| 1     | \$350.00      | Decorator (Kreations by Kim)                          |
| 2     | \$100.00      | Photographer (Jet Adore)                              |
| 3     | \$160.00      | Erica reimbursement for Centenarian wish list/flowers |
| 4     | \$390.00      | Program Booklets                                      |
| 5     | \$300.00      | Centenarian wish list                                 |
| 6     | \$262.00      | Centenarian wish list                                 |
| 7     | \$490.00      | Centenarian Program Booklets                          |
| Total | \$2,052.00    |                                                       |
|       | 28.00         | Funds returned                                        |

Page 5 of 6 2019 Centenarian Celebration



Page 6 of 6

It is the partnership with our island community that makes an event like this possible. It has been my pleasure and my honor to chair the 2019 Centenarian Celebration with Ms. Erica Taijeron *Biba Mañaina-ta!* 

Submitted by:

BREANNA SABLAN

DSC Lead - 2019 Centenarian Celebration

ERICA TAIJERON

DSC Co-Lead - 2019 Centenarian Celebration



L-R Division of Senior Citizens Staff: Alicia Guiking, Charlene San Nicolas, Vinessa Unpingco, Daryl Diras, Senior Citizen Administrator Arthur U. San Agustin, MHR, Tammy Bamba, Breanna Sablan, Erica Taijeron, Rose Hermoso, Chad Palomo and Nilda Orencia.



# 2019 SENIOR CITIZENS MONTH FRAIL ELDERLY MASS

#### FRAIL ELDERLY MASS

This year's "Frail Elderly Mass" was held at the Adult Day Care/Senior Citizens Center in Inarajan. It was held on Friday, May 10, 2019 with Reverend Father Joseph B. Aneo as the celebrant of the mass.

#### **Historical Information**

Since the inception of the Adult Day Care Center (ADC) over 25 years ago, ADC staff maintained the tradition to pray for blessings and to pray for the condition of our frail seniors (Manamkos) at the Centers, ADC. Because of its partnership with the Department of Public Health and Social Services (DPHSS), Division of Senior Citizens (DSC), the faith-based organization Catholic Social Service (CSS), who was subcontracted to carry out ADC program operation, continued to coordinate this blessed custom for many years. According to ADC Program Coordinator (PC) Maria Timoteo, the mass service took place at ADC in Barrigada, on the first Wednesday of the month of May in 2014. However, in 2015, the Frail-Elderly Mass was held at the Inarajan ADC/Senior Citizens Center. In 2016, the mass and May Crowning was at the Barrigada ADC and then in 2018, mass and May Crowning was at the Macheche ADC.

#### **Event Highlight**

Participants from the three (3) Adult Day Care, including the Dementia Center, along with the seniors attending the Inarajan Senior Citizens Center attended the event, not to mention our planning partners, dignitaries, along with family and friends.

## Planning, Collaboration Efforts and Event Expenditures

The coordination of the Frail Elderly Mass event was led by the Division of Senior Citizens (DSC), Department of Public Health and Social Services (DPHSS), in collaboration with the Office the Mayors' Council of Guam (MCOG) and the 2019 SCM Central Planning Committee, which is comprised of key aging partners from the private sector and government agencies. This year's event was a joint effort by our key aging partners from the government and non-government agencies: The Mayors' Council of Guam's (MCOG) Adult Day Care Program and the Senior Citizens Operation Program; Health Services of the Pacific (HSP) programs, both the In-Home Services (IHS) and the Case Management Services (CMS) programs; and Kloppenburg Enterprises, Inc. are all to be acknowledged for their support of this year's event. In addition, DSC staff Nilda Orencia (Event Chairperson) coordinated with: HSP Norma Bulatao (CMS) and Dolores Mateo (IHS); the Adult Day Care personnel of Inarajan, Macheche, and Wustig; and the Inarajan Mayor's Office.

The cost for the event is comprised of two expenses:

- 1. \$1,340.00 was procured to pay for the caterer, Champaco Caterer.
- 2. \$200.00 was reimbursed to Patty Cruz for the floral settings procured from My Secret Garden that were placed at the altar.

The total expenses paid out from community contributions totaled \$1,540.00.



The event booklet was created by DSC Staff Nilda Orencia (Event Chairperson), colleague, Rosemarie Hermoso, and DSC Administrator, Arthur U. San Agustin. The event booklet was printed at the DSC Office. And the prayer beads that were given away on the day of the mass and the flowers given to the senior mothers who attended the mass were donated as well.

#### **Appreciation**

The making of this year's 2019 Frail Elderly Mass is credited to DSC staff and to the following individuals, agencies, and organizations for their support and contributions:

- Guam Association of Retired Persons President: Mr. Angoco
- Honorable Senator Amanda Shelton
- Inarajan Parish Council: Reverend Father Joseph B. Anore, who officiated the mass service, and the Lecturers Cathy and Bill and the Inarajan Adult Choir
- Lions Club: Ms. Herbie Perez who attended the Service
- Mayors' Council of Guam
- Inarajan Mayor, Honorable Doris Flores Lujan whose office provided the canopies, tables and chairs.
- Inarajan Senior Citizen Center Operation (SCO): Recreational Leader, Johnny Afaisen,
   Volunteer Lorna Chargualaf and SCO participants
- Merizo SCO: RL Ana Tyquiengo and SCO participants
- Adult Day Care (ADC): PC Maria Timateo; Inarajan ADC Supervisor, Patty Cruz and her staff; Macheche ADC Supervisor Johnathan Ymballa; Wusstig ADC Doris Peters; and the ADC and Dementia Nursing Assistants who accompanied the seniors to the event site.
- Yona/ Talofofo SCO: Recreational Leader Julie Quidachay and SCO participants
- Ms. Carmen Champaco of Champaco's Catering Service
- Ms. Juanita Camacho from Kloppenburg Enterprise Inc. who donated 10 cases of bottled water
- Ms. Rose Cruz from My Secret Garden for her talent in floral arrangements for the alter
- PC III Daryl S. Diras, DSC, who obliged to be the Master of the Ceremony
- PC Maria Timateo who donated the monetary gift to Fr. Joseph Anore
- Todu Foundation: Ms. Rose Calvo

On May 12, 2019, PC M. Timateo shared with DSC that two attendees, Mrs. Galves and Mr. Benavente expressed appreciation to DSC and ADC for the "wonderful event" and that "most of the ADC clients enjoy (sic) the event."

The DSC staff who spearheaded this event is no longer with government service and therefore, this report is being signed off by her colleague, Ms. Rosemarie Hermoso who assisted Ms. Nilda Orencia with this event.

02.76.19

ROSEMARIE HERMOSO

Date:

Event Assistant







Connect, Create, Contribute
NA'DANÑA', FA'TINAS, FAN NÂ'E

May 2019

# **2019 SENIOR CITIZENS MONTH** GUAM GOVERNOR'S CONFERENCE ON AGING

# 2019 SENIOR CITIZENS MONTH 45<sup>TH</sup> GOVERNOR'S GUAM CONFERENCE ON AGING REPORT

As part of the annual celebration of Senior Citizens Month (SCM), the Division of Senior Citizens (DSC), Department of Public Health and Social Services (DPHSS) with support from the Guam Medicare Assistance Program (Guam MAP) and Guam Senior Medicare Patrol (SMP) Project along with the 2019 SCM Central Planning Committee hosted the 2019 Governor's Guam Conference on Aging (GCOA). The conference was held on Thursday, May 16, 2019 at the Dusit Thani Guam Resort with 370 senior citizens in attendance of which 316 or 85.4% were from the 12 Senior Citizens Centers, 20 or 5.4% were from the Adult Day Care centers and 34 or 9.2% were from the community-at-large.

### **Conference Survey**

288 attendees completed a conference survey which sought to get feedback on their experience at the event. Of the many activities and presentations within the program, one of the priorities of the conference organizers was to obtain participant opinion on the

| 45TH GOVERNOR'S GUAM CONFER      | ENCE ON AGING |
|----------------------------------|---------------|
| SENIOR CENTER                    | NUMBER        |
| Agana Heights                    | 11            |
| Agat                             | 14            |
| Astumbo                          | 37            |
| Dededo                           | 51            |
| Inarajan                         | 5             |
| Mangilao                         | 34            |
| Merizo                           | 12            |
| Santa Rita                       | 22            |
| Sinajana                         | 34            |
| Tamuning                         | 60            |
| Yigo                             | 20            |
| Yona/Talofofo                    | 16            |
| Total senior centers             | 316           |
| ADULT DAY CARE                   |               |
| Total Dementia/Macheche/South    | 20            |
| COMMUNITY                        |               |
| Total Community                  | 34            |
| EXHIBITORS                       |               |
| Total Exhibitors                 | 42            |
| AMERICORPS                       |               |
| Total AmeriCorps                 | 13            |
| <b>HEALTH SERVICES OF THE PA</b> | CIFIC (HSP)   |
| Total HSP                        | 6             |
| CASE MANAGEMENT SERVICES P       | ROGRAM (CMS)  |
| Total CMS                        | 6             |
| DIVISION OF SENIOR CITIZE        | NS (DSC)      |
| Total DSC                        | 11            |
| GRAND TOTAL                      | 448           |

material and information being provided. The purpose was to remain relevant with current informational topics as well as garnering the thoughts of the attendees to develop future conference agenda pertinent and reflective to our Manamko's expressed interests. The Table below illustrates the responses from 288 participants.

|         |             |           | 45th C            | Soverno  | r's Guam ( | Conferen  | ce on Agi | ng                       |     |        | 10 95  |
|---------|-------------|-----------|-------------------|----------|------------|-----------|-----------|--------------------------|-----|--------|--------|
|         | Tota        | Surveys   | Complete          |          |            |           |           | The second second second | 88  |        |        |
| Pre-Con | ference Pro | esentatio | n 1: Morr         | ning ene | rgizer     |           |           |                          |     |        |        |
| Rate    | ed 5        | Rate      | d 4               | Rate     | ed 3       | Rate      | d 2       | Rate                     | d 1 | No Re  | sponse |
| 123     | 42%         | 55        | 19%               | 36       | 13%        | 14        | 5%        | 11                       | 4%  | 49     | 17%    |
| Pre-Con | ference Pro | esentatio | n 2: Com          | munity E | Based Lega | I Service | S         |                          |     |        | 4 15   |
| Rate    | ed 5        | Rate      | d 4               | Rate     | ed 3       | Rate      | d 2       | Rate                     | d1  | No Re  | sponse |
| 105     | 37%         | 52        | 18%               | 28       | 10%        | 10        | 3%        | 10                       | 3%  | 83     | 29%    |
| Confere | nce Presen  | tation 1: | <b>Active Liv</b> | ing Ever | y Day (AL  | ED)       |           |                          |     | 26     |        |
| Rate    | ed 5        | Rate      | d 4               | Rate     | ed 3       | Rate      | d 2       | Rate                     | d 1 | No Re  | sponse |
| 112     | 39%         | 49        | 17%               | 33       | 12%        | 12        | 4%        | 7                        | 2%  | 75     | 26%    |
| Confere | nce Presen  | tation 2: | <b>Financial</b>  | Advoca   | cy by BAP  | S and Coa | st360     |                          |     |        | 1      |
| Rate    | ed 5        | Rate      | d 4               | Rate     | ed 3       | Rate      | d 2       | Rate                     | d 1 | No Re  | sponse |
| 98      | 34%         | 38        | 13%               | 28       | 10%        | 14        | 5%        | 7                        | 2%  | 103    | 36%    |
| Confere | nce Presen  | tation 3: | Voluntee          | r Oppor  | tunities:  |           |           |                          |     | 27,553 |        |
| Rate    | ed 5        | Rate      | d 4               | Rate     | ed 3       | Rate      | d 2       | Rate                     | d 1 | No Re  | sponse |
| 100     | 35%         | 44        | 15%               | 23       | 8%         | 12        | 4%        | 9                        | 3%  | 100    | 35%    |





- 1. The Pre-Conference activities including the Morning Energizer at 73% and the Legal Services presentations at 63% respectively saw respondents rate each presentation at 3 or better indicating an above average response to the Pre-conference activities.
- 2. Similarly, the Conference activities including the ALED at 66%, the Financial Advocacy at and Volunteer Opportunities both at 56% respectively saw respondents rate each presentation at 3 or better indicating an above average response to the Conference activities.

Each participant received a complimentary conference bag, pop-up fan, and walked away with valuable information from guest presenters and from a host of exhibitors from both the private and public sectors. The conference was Co-Chaired by DSC staff, Chad Palomo, and Arthur U. San Agustin, MHR, DSC Administrator. The Master of Ceremonies for the conference was Mr. Goring Duenas.

#### **Pre-Conference Activities**



Pre-conference activities included participant check-in, a morning energizer led by Mr. Kevin Dema-ala, Preventive Health Educator with the College of Natural and Applied Sciences, University of Guam. Mr. Dema-ala provided Progressive Muscle Relaxation Exercises, Breathing Exercises and Neck, Arm, and Leg Exercises. Following the morning energizer was a presentation by Mr. Stephen P. Hattori, Executive Director of the Public Defender

Service Corporation and Mr. Harold Parker, Executive Director of Guam Legal Services Corporation-Disability Law Center. Mr. Hattori and Mr. Parker spoke about planning ahead for seniors, which touched on a variety of legal issues that Guam seniors encounter such as, Wills and Estate Planning, Incapacities, Disabilities and Dying (Power of Attorney, Living Will, Guardianship), Raising Grandchildren, and Handling Elder Abuse.

#### **Conference Activities**

The conference commenced with the National Anthem sung by Mrs. Alicia Guiking of the Division of Senior Citizens and the Guam Hymn sung by Mr. San Nicolas of the Inarajan Senior Center. Mr. Arthur U. San Agustin, MHR, Senior Citizens Administrator for the DSC, provided opening remarks, which touched on the meaning of this year's theme – "Na'Danna, Fa'Tinas, and Fan Nae" or "Connect, Create, and Contribute". As with prior conferences, this year's Senior Citizens



Month theme is from the 2019 Older Americans Month theme as issued by the Administration





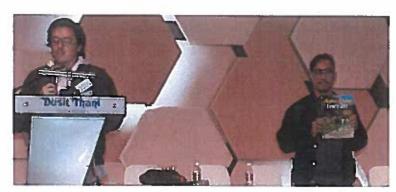
for Community Living (ACL) to resonate and raise awareness within the community about how seniors of today are redefining what aging means by contributing to their communities, and recognizing that seniors play a key role in vitality of our relationships and lives. In line with the theme, "Connect, Create, and Contribute" the conference topics focused on important trends like, becoming and staying physically and mentally active, providing new information on legal services specific to guardianship mandates, and financial advocacy for seniors to protect themselves against financial exploitation.



The Honorable Joshua F. Tenorio Lt. Governor of Guam provided the keynote address. The Lt. Governor provided an inspiring and relevant look into the past, current, and future of our island, relating past experiences with modern adaptations to our cultural values and morals. At the core of these experiences and values are the Manamko who have sowed their lives through hard work and determination. This resonates with each generation as we all look to our elders for advice and we see the development of our culture through these teachings. Our island is unique

and blessed to have a community in the Manamko to continue to serve as reminders to be grounded, to continue to do the best we can and support one another. The Lt. Governor also spoke about the 75<sup>th</sup> Liberation Day where he encouraged the Manamko to be involved with the event and to attend the activities associated with this momentous occasion. The Lt. Governor also expressed the commitment to have quarterly meetings with the Senior Citizens Executive Council.

Following the Lt. Governor's address, Mr. Kevin Dema-Ala and Mr. Brandon Holm presented the Active Living Every Day (ALED) program to the seniors. The ALED program is a Preventive Services Program offered through the Division of Senior Citizens administered by the College of



Natural and Applied Sciences (CNAS) within UOG. The Program provides benefits of physical activity and through active living, how we can connect to our neighbors and create a healthier lifestyle.







Next on the program was a presentation by the Bureau of Adult Protective Services (BAPS) grouped together with Coast360 Federal Credit Union (FCU) which combined to inform the seniors about being aware of their financial affairs and to create opportunities for self-reliance that will contribute to long-term planning to enjoy their older years and to assist others who they may be able to help.

Lastly, a very informative panel of volunteer organizations made up of the American Red Cross represented by Mr. David Peredo, the United Services Organization (USO) represented by Ms. Leigh Graham, the Lions Club represented by Ms. Herbie Perez and the Guam Medicare Assistance Program (MAP) represented by Mr. Nick Keswani, spoke about their respective group and how seniors can connect with their group and become members. The representatives also gave a brief history of the organization they serve and the missions and goals that each strives to accomplish.



A special presentation was held to recognize the dedication, support and contributions of several individuals in giving their time and energy for the benefit of our island community.



As a sponsor of the conference, the Guam Medicare Assistance Program (Guam MAP) and Guam Senior Medicare Patrol Project (SMP) Project recognized three (3) volunteers at this





year's GCOA bestowing appreciation to them for their many years of dedicated volunteering to help provide Medicare information and assistance to the island's beneficiaries, their families and caregivers. A commemorative plaque was provided to each volunteer. These individuals were Mr. Rudy Colet (also recognized were Mr. Colet's family, Mrs. Vinnie Colet and daughter Bernadette Colet), Ms. Lourdes Babauta and Ms. Maria Indalecio. The combined years of experiences that the three gave to the Medicare community equated to over 25 years. Each member has recently gone on to other endeavors, but their contributions amounted to an invaluable effort to the Medicare community.

#### **Concurrent Activities**



Concurrent activities for the afternoon, included a Dance Session by Gener Delequina, CEO Coast360 FCU. Mr. Delequina led a rousing dance experience for the attendees which included several different and simple dance routines that had the Dusit Grand Ballroom up and moving.

The Mariacy Beauty Academy and Cosmetology Services under the guidance of Mrs. Maria Delisle graciously and without cost provided services from students in Esthetics, Nail Technology, Barbering and Cosmetology. Mariacy closed up the Academy for the day and moved all the equipment and supplies needed to operate remotely at the conference venue. The conference attendees were delighted to receive these beauty services and were grateful to Mariacy for making it possible.



#### **Exhibitors**

In addition, 22 agencies and/or organizations signed up to be exhibitors at this year's conference to share program and product information that would benefit and engage seniors to remain active in their communities. On the day of the conference, 21 exhibitors showed up as follows.

- 1. American Red Cross
- 2. Guam Homeland Security
- 3. Guam Housing and Urban Renewal Authority
- 4. Guam Legal Services Corporation-Disability Law Center





- 5. Guam Memorial Hospital Authority
- 6. Guam System for Assistive Technology
- 7. Micronesian Legal Services Corporation
- 8. Mountain Pacific Quality Health
- 9. Office of the Attorney General
- 10. Health Services of the Pacific (HSP)
- 11. Public Defender Service Corporation
- 12. UOG CNAS Preventive Health
- 13. Victim Advocates Reaching Out (VARO)
- 14. Office of the Public Guardian
- 15. UOG Endowment Foundation
- 16. Guam Diabetes Association
- 17. Division of Senior Citizens, DPHSS
- 18. GovGuam Association of Retired Persons, Inc.
- 19. Department of Labor Senior Community Service Employment Program
- 20. AmeriCorps UOG/Serve Guam Commission
- 21. Department of Integrated Services for Individuals with Disabilities (DISID)

## **Expenditures**

| Description of Activity              | Funding Source                                                    | Cost                                      |
|--------------------------------------|-------------------------------------------------------------------|-------------------------------------------|
| Hotel Venue (500 pax):<br>P196A02522 | Senior Citizens State Agency<br>Account #5100A191730SE001230      | \$15,760.00                               |
| Conference Booklets                  |                                                                   | ¢1.260.00                                 |
| P196A02480                           | Senior Citizens State Agency                                      | \$1,260.00                                |
|                                      | Account #5100A191730SE001230                                      | #1 ## P                                   |
| Fans (500 pcs.) P196A01971           | Senior Medicare Patrol Project (SMP) Account #5101H181730MA112230 | \$1,232.00                                |
| Conference Bags (500 pcs.)           | Health Services of the Pacific, a Central Planning                | \$1,000.00                                |
| comerciace Bags (500 pes.)           | Committee member and a Non-Governmental Organization.             | \$1,000.00                                |
| 4" x 2" Name Badge Stickers          | Health Services of the Pacific, a Central Planning                | \$165.00                                  |
| (400 pcs.)                           | Committee member and a Non-Governmental                           | Ψ105.00                                   |
|                                      | Organization.                                                     |                                           |
| Engraved Glass Plaques (3)           | Health Services of the Pacific, a Central Planning                | \$115.00                                  |
|                                      | Committee member and a Non-Governmental                           |                                           |
|                                      | Organization.                                                     |                                           |
| Entertainment and PA System          | Health Services of the Pacific, a Central Planning                | \$100.00                                  |
| ·                                    | Committee member and a Non-Governmental                           | 4 - 4 - 4 - 4                             |
|                                      | Organization.                                                     |                                           |
| Purple Orchids (6)-Table             | Health Services of the Pacific, a Central Planning                | \$96.00                                   |
| Decor                                | Committee member and a Non-Governmental                           | Ψ, σ, |
|                                      | Organization.                                                     |                                           |
| Roll of Raffle Tickets and Card      | Health Services of the Pacific, a Central Planning                | \$23.96                                   |
| Stock Paper (1 ream)                 | Committee member and a Non-Governmental                           | 720.70                                    |
| •                                    | Organization.                                                     |                                           |
|                                      | Total                                                             | \$19,751.96                               |





## **Community Contributions**

Throughout the day raffles were held and prizes were given to seniors. These prizes included various items donated by numerous community organizations. The successful production of this year's GCOA is attributed to the great team effort of the DSC staff and the following individuals, agencies, and organizations for their support and contributions.

Honorable Lourdes A. Leon Guerrero (Governor of Guam) Honorable Joshua F. Tenorio (Lieutenant Governor of Guam) Linda Unpingco DeNorcey, MPH (Director DPHSS) Laurent SF Duenas, MPH, BSN, RN (Deputy Director, DPHSS) Nick Keswani, Guam Medicare Assistance Program (MAP) Dave Peredo (American Red Cross) • Leigh Graham (United Service Organizations) Herbie Perez (Lions Club) • Bureau of Adult Protective Services • Health Services of the Pacific Gener Deliquina (Coast360) • Mariacy Beauty Academy • Ernane Balinas • Goring Duenas UOG College of Natural and Applied Sciences (CNAS) . Tony Fegurgur Kloppenburg Enterprises, Inc. Transportation Services Program • Senior Center Operations Adult Day Care Program • In Home Services • Case Management Services National Family Caregiver Support Program • Alicia Guiking • Juanita Camacho American Red Cross • Guam Homeland Security • Guam Housing and Urban Renewal Authority Guam Legal Services Corporation - Disability Law Center • Guam Memorial Hospital Authority Guam System for Assistive Technology • Micronesian Legal Services Corporation Mountain Pacific Quality Health • Office of the Attorney General Public Defender Service Corporation Department of Labor Senior Community Service Employment Program Take Care Insurance Wellness Program • Victim Advocates Reaching Out (VARO) Department of Integrated Services for Individuals with Disabilities (DISID) GovGuam Association of Retired Persons, Inc. • Guam Diabetes Association Office of the Public Guardian • UOG Endowment Foundation • Graphic Center, Inc. Bank of Guam • Guam Facilities Federation • Ada's Trust & Investments Vinessa & Nobert Unpingco • Julia Villagomez • Jose Okada • GPSI • Personal Finance Center Senator Will Castro • Serve Guam Commission - AmeriCorps Guam • Mayors Council of Guam (MCOG) Mayor Robert Hoffman • Angel Sablan (Executive Director, MCOG) • Tropic Trio Payless Supermarkets • Evelyn Claros • Louise Flores-Wessling (BHI Realty) • Patrick Bamba Tri-Vision Media Group • BankPacific • Guam Visitors Bureau • The 2019 Central Planning Committee







Bottom row left to right: Daryl Diras, Arthur U. San Agustin, William Reyes, and Chad A. Palomo

Top row left to right: Vinessa M. Unpingco, Erica Taijeron, Charlene D. San Nicolas, Breanna Sablan, Tammy Bamba, Rosemarie Hermoso, Alicia Guiking, and Nilda Orencia

On behalf of the staff of the Division of Senior Citizens, DPHSS, we thank you for your efforts, support and contribution to the 45<sup>th</sup> Annual Governor's Guam Conference on Aging.

Chad A. C. Palomo

2019 GCOA Co-Chairperson

Arthur U. San Agustin, MHR 2019 GCOA Co-Chairperson

Biba Mañaina-ta!







# **2019 SENIOR CITIZENS MONTH**

**HEUGON MANAMKO** 

(SENIOR GOODWILL GAMES)

## 2019 HUEGON MANAMKO (SENIOR GOODWILL GAMES)

#### Event Highlights

This year's 2019 Huegon Manamko Carnivale was held on May 22, 2019 at the University of Guam Field House with nearly 317 individuals in attendance from the 11 of the 12 Senior Citizens Centers. The event was supported by the Honorable Lourdes A. Leon Guerrero, Governor of Guam; UOG Endowment Foundation, Mayors' Council of Guam (MCOG), Sinajana Mayor Robert Hofmann, the staff of Mayors' Council of Guam (MCOG) Case Management program staff, staff of the Division of Senior Citizens/DPHSS, and members of the Lion's Club. Both anthems was proudly delivered by Ms. Juanita Camacho and Mr. Goring Duenas, after that, Senior Citizens Administrator Arthur U. San Agustin, MHR gave the opening remarks to welcome our seniors to the 2019 Huegon Manamko Carnivale. The memories of the senior games was captured by DSC's very own photographer Mr. Daryl Diras and from Mr. Joaquin Fegurgur, whose great photography memorialized the moments of comradeship, goodwill and the fun loving spirit of competition among seniors. This event was energized through the dynamic music provided DJ Ken San Agustin and his partner who kept all entertained with their selection of Cha-Cha and step music which were a big hit with the Manamkos; the music motivated them to get up and dance. A Parade of Banners started the festivities. Each senior center proudly displayed their customized banner as they paraded in front of the stage. This year's theme is CONNECT, CREATE, CONTRIBUTE. The winner for this year's banner competition came from the village of Mangilao, followed by the village of Inarajan; as determined by the judges who selected the banner that best depicts this year's theme.

Not only did this event promote senior fitness, spirit of teamwork and comradery among our seniors, it also brought forth partnership, working together in a collaborative effort from the different agencies, both private and public. Huegon Manamko Carnivale Committee Members consisted of individuals representing the private and public sectors partnering to make this event happen for our Manamkos.

Each sponsor provided the game materials and prizes for the winners for their respective game. There were a total of 5 games. The games included the Gathering Game sponsored by Kloppenburg Enterprises, Inc. This game involves multiple partners with the seniors in constant movement walking and talking to other seniors from different centers. The object game of this game is to challenge our Manamkos to network with other seniors as they try to get accepted and gather as one group, then break away and form another group





dependent on the number needed to form yet another group. This exercise gave our Manamko the time to socialize with other seniors and away from the comfort of their own Senior Center. Another game is the Over and Under Game sponsored by Senator Shelton, this game tested the skills and coordination of our seniors as they pass the ball over and under to their teammates which entailed speed, coordination and teamwork, a great cardio stimulating senior friendly game. Then there was the Ring Toss sponsored by Tony Fegurgur, MCOG Program Coordinator, is a game of precision and actually a lot of luck to land the ring in a colored bottle from a distance away. This next game was a messy one. Get those wipes ready for the Egg Toss sponsored by Ms. Nilda Orencia and Martin family. Your partner must catch the raw egg without breaking the shell to advance, as the distance between the partners become greater and greater until the last couple catching the egg with the greatest distance without breaking the shell wins. All in all seniors were able to test their fitness, socialization skills and show the spirit of teamwork. The final game was the Eggplant game, this game was also sponsored by Mr. Tony Fegurgur, MCOG Program Coordinator. The game is played with a partner, an egg and an eggplant which requires patience and a lot of hip movement. The eggplant is attached on a string dangling almost touching the floor. The movement of the hip must be precise to roll the egg across to your partner using the eggplant and then from your partner back to you. The first couple to do so wins the game.

After winning 3 years in a row Merizo Senior Citizens Center gave way to the 2019 Champions who hailed from the Mangilao Senior Center as they put their game face on and placed first overall. Winning this year's 2019 Huegon Manamko Carnivale overcoming the challenges from the 10 other senior centers was a highlight for seniors of the winning Center, Congratulations Mangilao Senior Citizens Center participants!!!

The success of this year's 2019 Huegon Manamko Carnivale event captured media attention and is attributed to the great team effort by Division of Senior Citizens staff and to the following individuals, agencies, and organizations for their support and contributions:



#### **Appreciation**

- Lt. Governor Joshua Tenorio for delivering his message on the importance and significance of having our Manamkos maintain physical fitness and healthy lifestyle;
- Senator Shelton and her office staff for their continuous support and contribution to our Manamkos. Her support and generosity extended to sponsoring the Over and Under game with prizes for the winners of the game;
- Sinajana Mayor Hoffman for his wonderful networking and generosity in assisting in securing the venue, in addition to the tables, chairs and DJ for the event;
- The various Mayors of the Mayors' Council of Guam (MCOG) for their donation of food;

- Senior Center Operations (SCO) for their continuous support and to Program Coordinator Tony Fegurgur for not only planning and coordinating the event, but also sponsoring two event games with prizes;
- The Orencia-Martin family for sponsoring the Egg Toss game with prizes;
- Mayor Ernest Chargualaf of Merizo for providing the ice and containers;
- Kloppenburg Enterprise, Inc. for sponsoring the Gathering Game;
- The Guam Spirit Lions for their donation of this year trophy and gifts;
- The Guam Latte Lions Club for their donation of paper products and door prizes;
- The Guam Marianas Lions Club for their donation of 10 cases of bottle water;
- Lion's Club International District 204 for their donation of 40 cases of bottle water;
- Americorps volunteers provided services in all areas helping throughout the event;
- The Public Defender Service Corporation represented by Cathy Moylan and Leslie Estrella as part of the exhibitors;
- UOG Endowment Fund as exhibitors;
- SHIP, Medicare Volunteers and BCS staff for their support;
- DSC Administrator Arthur U. San Agustin, MHR for delivering the Opening Remarks and welcoming everyone to the event;
- Guam Fire Department (GFD) for the Assembly Permit and providing Stand-By Assistance at no charge;
- Mrs. Juanita Camacho from Kloppenburg Enterprise, who served as emcee, Mrs. Herbie Perez from the Guam Spirit Lions Club, who served as co-emcees; and
- Louise Flores-Wessling of BHI Realty who sponsored the photo booth at the event.

Through the generosity and support of the above individuals, agencies and community partners, the Division of Senior Citizens incurred no expenses for this year's Huegon Manamko Carnivale, 2019.

William C. Reyes

Date

2019 Huegon Manamko Co-Chair

